D: Hey, good morning! Welcome to Minnesota’s Big Brain Radio Show. I hope you all had a good week after the State Fair, and if you didn’t hear the State Fair, we’re going to run it later at some time. We’ll be sure to let you know because we had a great time at the State Fair and we even went on the Radio Show too. Say Zena, what’s up today?

Z: Well, I think we should say hello.

D: Hello to Marty.

Z: All right, hello to Marty. I’m Dr. Z and you are …

D: I’m Dr. D.

Z: And we are the …

Both: Big Brain Radio Show.

Z: Why don’t you review a little bit what the concept of the show is because we have a very special guest we’re going to get to in just a moment.

D: Well, the Big Brain Radio Show is about the mind. Big Brain stands for our mind … our ability to take ideas and information that has been stored in our head as we call sensory information (because that’s how we get it) and then our mind comes up with these unusual ideas, creative output, culture, our ability to organize … all the great things that we actually call life. And it’s based on our big brain. So our show is about taking that concept and making sure that the information we get and the responses we get produce the greatest result for our life. And we actually have a definition of health that goes along with it. Do you want to read that?

Z: Well our health, our health is the number …

D: Optimal number…
Z: Optimal number of …

D: Of regenerative …

Z: Positive forward action days.

D: Forward action days.

Z: That’s right. And I want to just mention at the top of the show that we are going to be talking about our health style makeover. Thank you for all the people who have sent your emails requesting to be a participant on our show. This week we’re going to start sending out applications and information packages to the people that are interested, that we think are good candidates for this particular health style makeover. So as you listen to the show today, make some notes. You can email us at info@bigbrainradioshow.com and make a request to be on our email list and to be a participant in our health style makeover. And we’ll be starting to send you applications for that. Dr. D, we do have a few requirements on that health style makeover. You want to just tell people what they’d be up for, so they know if they really should inquire …

D: … Willing to fill out a history, just like they would with any doctor. They have to be willing to put in the time to get better, so there’s some discipline. And they really have to be able to follow a program for a number of months so that we can actually produce a result.

Z: Right. You’re going to be committing to an 8-10 week situation. You’re going to need to come in and see Dr. D or myself, once or twice a week. You’re going to be able to take pharmaceutical grade supplements… a variety of testing … You’re going to have thousands of dollars worth of health care available to you through the health style makeover. So you go ahead and email us anytime during the show or after the show at info@bigbrainradioshow.com.

D: Say today we have a big brain that’s on hold to talk to us in just a moment. This big brain is the Attorney General of Minnesota … the top cop … Attorney General Mike Hatch. I’ve got him on hold. Isn’t it nice of him to wait for us?
Z: Yeah, we appreciate him taking time on a Sunday morning to come and talk to the Big Brain show.

D: You know, everybody talks about Minnesota being the leader in liberal politicians … there’s Humphrey, and there’s Mondale, and even going back to the great Governor, Governor Floyd Olson, who was … he was even … they considered him more radical than …

Z: Eleanor Roosevelt. Oh my gosh. That was radical! Go Eleanor.

D: Well there’s a story behind that. FDR. Okay?

Z: Let’s not go there… I’m going to get mad.

D: He’s our remnant of the populous, aggressive, Democratic politicians.

Z: Up next, Attorney General Mike Hatch. We are the Big Brain Radio Show. Dr. D and Dr. Z, and this is AM 950 Air America Minnesota.

(music)

(commercials)

(music)

D: Our music of the week is Louis Armstrong, who just happens to be the favorite musician for our guest today. So, I thought we’d put a little Satchmo on here.

Z: Our guest today is Attorney General Mike Hatch, an outspoken advocate for consumers, senior citizens, and victims of crime. He’s proposed aggressive legislation initiatives to level the playing field between patients and HMOs, limit ATM and other bank fees, and provide homeowners a bill of rights. His criminal justice initiatives include enhanced law enforcement efforts to fight gangs, keep sex offenders off the street, and protect victims of domestic abuse. Prior to being elected Attorney General, Mr. Hatch was an attorney in private practice. He was Minnesota’s Commissioner of Commerce from 1983-89. He is a 1966 graduate of Duluth East High School, earned his Bachelor’s Degree in Political Science with honors from the University of Minnesota; received a
law degree from the University of Minnesota in ’73. He was originally elected in 1998, Attorney Hatch is serving his second term as Attorney General. Are you there Mr. Hatch?

MH: Yes I am. Hi.

Z: All right. Hi.

D: Good morning.

Z: Thanks for being here this morning.

MH: Well thank you for inviting me.

D: Thank you for taking the time…

Z: You’re up and at ‘em.

D: …to talk to us.

Z: And you did your 20-mile run before the show?

MH: Well I do a … I’m at the age where I don’t do the runs… running anymore. I do a walk. I walk five miles every morning with two golden retrievers.

Z: Wow, that’s fantastic, because we don’t really believe in high intensity cardio on this show. So actually it was just a test. You can proceed now with the interview Dr. D.

D: Well first of all, we were telling everybody – I don’t know if you were listening or not – that you are the embodiment of the populous Minnesota – in my eyes anyway, in my opinion – of the populous Democratic for the people type of, if I can use the word, politician. In fact, I looked up the word politician on Google and it says “a leader engaged in civil administration.” Would that be correct?

MH: Well, I hope so. I think it’s a sad state when we have to look at the … the problem …
D: To have to look at a dictionary? I just though we would find out for sure.

Z: In case we’ve forgotten.

MH: The problem today is that all too often in government and politics, you know, it’s heavily laden with a number of special interests … the whole establishment is kind of …

D: Well I actually have the definition of politics here. And the definition of politics is the social relations involving authority of power. Depending how it’s used I guess, right?

MH: It’s how it’s used and too often I think, in our society today – in our system today – it’s only… too many strings attached in our government process. So, if I cut the strings … I don’t know if it’s necessarily … I guess today would be called populism. I think perhaps 25 years ago it would be called just making your system accountable. I believe we need more of it.

D: For the people.

MH: Yep.

D: Right on. Say, the Big Brain show is about people’s big brain, which is their mind and their ability to create results in the world that doesn’t always cooperate with that. So, it takes a certain type of person. We say when you get with the mind, the sensory part of your mind is where you pay attention to it. That means you have to be noticing things. And your motor part of your brain or your mind is your intention … what you have happen. So in order to be that type of person you have to notice things going on, which I know you do or you have people getting it for you and organizing it … but before that we want to know a little bit about a guy who grew up in Duluth, with – you said somewhat not the best family conditions, really didn’t have a lot of ambition when you left high school, who took certain directions that kind of guided him and then he went back and started to be quite the student. Still he was not sure where he was headed and then a couple of … being introduced to a couple of people and finding out he had a natural ability in that area, to where he took part in the Minnesota politics, DFL, and now you are the “top cop” or the Attorney General. I looked up the definition of Attorney General …
MH: It said top cop?

D: It actually said the chief law officer of a state.

MH: You know, it does say that. I’m just going to be a little bit of a contrarian here.

D: Do that please.

MH: The top law enforcement official in America is a County Sheriff and Municipal Police Chief. And the reason … and I bring that up because it is very important … In America we want to make sure we didn’t have a national police force, we didn’t want to have a state police force … we want to make sure that it was local law enforcement … that your police chief, your sheriff … not only do they enforce the law, but they try to … they keep a perspective of the community in mind. Not all laws can be applied in the same way in all areas and this country … I mean going back 200 years, we didn’t like national police forces, we wanted to keep it decentralized. The reason why I say that is because some of the things have been going on under the offices … on terrorism and otherwise …

D: We’re going to talk about the Patriotic Act. I saw where you had some comments … you had some questions … I thought your input was very good. But, I’m not going to let you off the hook. We still want to know about that boy …

MH: Oh the boy. All right.

D: … out of Duluth East. Okay. You had a little bit of a story. I think people will be interested. Because everybody has choices to make in life and it’s interesting to hear what people … what directions they are taking.

MH: Well, I didn’t come from a political family. I came from a pretty normal family. My father had … was an alcoholic at one time. That certainly created some problems, but he also found AA eventually and I got to spend five years of my life with him where he did basically nothing but try to help other people. That was a wonderful experience. He, but beforehand, he did have a drinking problem and that had some consequences – financial and otherwise – on the family. Influences included my elder
sister. I remember … the only political involvement I can every recall is in 1960-61 she was in college and I was a kid. She and a bunch of her friends were going down to picket either Woolworth’s or Walgreen’s (I can’t remember) because of segregation. I can remember she let me go along. I remember getting in back of an old Chevrolet …

D: This was in Duluth?

MH: It was in Duluth. Well there weren’t … that was the odd thing. We went down to do this picketing and of course the owner came out and said, “Listen, we don’t have any segregation in Duluth.” There’s no racism here because there are no … I mean everybody was so homogenous it didn’t work. But their point was there was segregation going on in the south and so they stuck to it. I was kind of … I can remember their walking back and forth and the media showed up and the poor guy. He was saying “We don’t have segregation here.” Of course these girls were saying “It doesn’t matter, we’re talking about the south.” I don’t know much of a consequence. Their effort at making change.

D: We see this sensory input gets implanted. Just sits in there dormant until it’s time for it to be manifested. All these things make a difference.

MH: And some of the other sense of political involvement beginning… I dropped out of college. I went three quarters, wasn’t working, and went into the Merchant Marine, and spent about a year-and-a-half …

D: Get a little discipline.

MH: Well, yeah. I don’t know if it was … Yeah, I suppose discipline. But basically … I mean what the learning process was was seeing … Duluth was a very nice community to grow up in, and you get out … and at that point in time, in the late 60s … ’67, ’68, I was 18 and there was a ship going through … a boat going through … you have Detroit River and Detroit was in flames. It probably the first riot in this country. We truly had a rust belt at that time. A lot of ore being hauled because of Viet Nam, but the cities were just very large ghettos. Getting on a boat, basically spending a couple of weeks getting a boat ready to go to sea and these ore boats are … spent about two weeks doing it … and we were sitting on a boat in March of 1968, Martin Luther King was assassinated and there were riots in south Chicago, riots in Cleveland and the ship hit there… the boat hit there … policeman I
remember were killed. The boat landed in Chicago again during the Democratic National Convention, which were riots. And every time … In 1967-68, those boats would land at ports … didn’t matter if it was Milwaukee, Chicago or Detroit or Cleveland …

D: Didn’t you tell me you had a little squabble or something after you started getting into this …

MH: I remember … yeah, we did talk about that. I got in a little squirmish with a fellow when Bobby Kennedy got killed. I was not politically involved, but he’d been assassinated and this would be June of ’68 and we ended up both of us getting tossed off the boat. But he had a made a rather … not rather, but a very significant racial slur applying it to Kennedy. I took exception to it and this guys is from the hills of Tennessee …

D: The early Mike Hatch starts to come out. The Defender. The advocate.

MH: Yeah, I suppose. I didn’t like the guy to begin with.

D: It starts showing up.

MH: Yeah.

D: So then you took some action. Now you got dismissed, you said, right?

MH: We did. We both got dismissed. (inaudible). But, no, it was a learning experience. You saw great cities that were in just tremendous disrepair. What’s interesting is that my oldest daughter a few years ago graduated from a school out in Massachusetts. My middle daughter and I were driving out there to get her property… all the things from her dorm or apartment … and we stopped in Detroit and Chicago. It’s remarkable. You know Detroit has not had the investment and it’s still a ghetto. It’s still awful …

D: You get to travel back in time and see things hadn’t changed very much, huh?
D: Obviously things have changed for you because we know that some other direction happened and we’re going to talk about that in just a _______. Okay? So thank you and here’s Satchmo for you.

Z: Up next, continuing on with Mike Hatch. This is AM 950 Air America Minnesota and we are …

?: The Big Brain Radio Show!

(music)

(commercials)

(music)

D: Okay. Welcome back to the Big Brain Radio Show. And our special guest today is the Attorney General of the State of Minnesota, Mike Hatch. Mike was just kind of telling us a little bit about his journey to becoming Attorney General. And Mike, I know you told me that you went back to school and became an “A” student, got your law degree and started a private practice. Then you … and you were quite the trial attorney, because of your ability to prepare for things … then you met this man, Ray Hemingway. Do you want to tell us about that?

MH: Well, Ray had … you asked about the influence of getting _________. So Ray had been chair of the Democratic party in the ‘50s and really came into (inaudible) … And Ray, before that, had encourage me to get involved in it. He got involved… he was a meat packer at one time at a ________ plant in Albert Lea and went on strike and the Sheriff was told by the management to throw them all jail, which he did. He sat in jail ________ itinerant worker. Finally they had to throw those people in jail as well. So he’s sitting in jail and Lloyd B. Olson showed up and asked the Sheriff why they were all in jail and he said well they went on strike. He said, “Well, you know, you’ve got to let them out.” The Governor really didn’t have the authority to say it, but the Sheriff didn’t know what to do so he let everybody out. He let out the people who had committed assault… he let everybody out. And Ray said he could remember walking out in the
dusty, depression days and decided he ought to get involved in politics. He was blackballed and couldn’t work in any meat packing plant. The itinerant worker was with him made cement blocks so he decided to form a partnership and they did quite well making cement blocks. He never forgot getting involved in politics and basically told me to … he was at the end of his career in it and was very strong in encouraging me to get involved in it. He encouraged me to run to be chair of the Democratic Party, so I did. We both became chair …

D: Didn’t you say you didn’t really have a lot of experience for that.

MH: No, no experience whatsoever. In fact I thought at that point I was pretty naïve. I thought you could do it part-time. I found out very quickly that is a full-time job. I don’t think I’ve ever worked as hard in my life before or since. That’s very, very demanding. If you’re going to do it, you gotta do it right.

D: I think a lot of people out there have volunteered for things that they know were good and they thought they could kind of do it on the side and found out because of the type of person they were, that they had to do it 100%.

MH: Yeah. A lot of times that happens in life and you know, it’s the old saying: If you’ve got a job to do, give it to a busy person. Because generally speaking, they’re the ones who are going to carry it through.

D: So we want to bring you up-to-date because I know you were the Commissioner of Commerce. Is that the correct term?


D: ’63-69? Is that right?

Z: ’83.

D: ’83… excuse me! I’m going back too far. Whoa. Out of high school! Anyway, ’83-’89. Is that right?

MH: Right.
D: And I know you then, because I’m a practicing doctor and so you’ve had a lot of effect on insurance companies. maintain their integrity, if that’s possible, and you’ve managed the type of things that go around commerce. You made quite a difference. I’m totally aware of that. A lot of people, when I talked with them, didn’t understand … when I mentioned he was going to be on the show, like some of the people who work in my office, it was surprising that some people did not recognize your name until I said “Attorney General.” So, I want you to know that, because we got to get your name out there so people know what you’re doing.

MH: There you go.

D: And so then you took a little break after that and became Attorney General and I think this is your second term. Is that correct?

MH: Right.

D: Some of the things you … you want to tell us what you think you accomplished as Commissioner of Commerce and then after the break we can talk about the rest of your history. Okay?

MH: Well I think the big issue … we had a lot of different issues that cropped up there. Corporate takeover laws and big changes in the securities area. Banking was a huge problem. (inaudible volume) agriculture in rural bank (inaudible volume) but the big item I think in the insurance area emphasizing Commerce Department was there to represent the policyholder. And we set up an enforcement division. They would take phone calls directly from the public and we were advocates. That’s what I certainly believe that department was supposed to do. I think they did make a big change. And insurance also under the state of securities, insurance was the maverick industry at the time. That I think would be the biggest thing. We became a consumer-oriented …

D: I think that’s where you made your big impact on … so many parts of the government seem to get attached to the group that they regulate …

MH: Well, when I got there …

D: … instead of the consumer.
MH: When I got there in ’83, the people involved in charge basically referred to, for instance, insurance companies and what not as their clients. They would actually say these are our clients.

D: Well, I hate to tell you, but I think it’s back. Okay?

MH: Yeah

D: Don’t get me started on that. So, we’ve got a couple minutes here. I just want to tell you that one of the things I found most interesting when you were talking to me earlier, that you are one of the few … maybe the only department in the State of Minnesota actually have … at your Attorney General’s office … that have real people answering phones. Is that correct? Did I hear that right?

MH: We… yeah. The big emphasis here is the ________ service. We, and at Commerce as well when I was there, you call this office and there will be a live voice answering the phone. And they try to … they get about 450 calls a day …

D: You have 8 people, right?

MH: Roughly eight people …

D: Boy, they got to keep moving.

MH: They move it fast. It’s very much of a weeding process. They have to take the calls. In many cases they might not be able to directly assist … get all sorts of calls, immigration calls, (inaudible) … St. Paul paper did an expose on the Minnesota Gophers, that’s when the Gophers were in the NCAA tournament … and it essentially won the newspaper a Pulitzer Prize, but on the first day I can tell you that the Minnesota public wasn’t happy because I think we ended up with about 900 calls that day and they all wanted us to shut down the newspaper. They were all…

D: Well, we love our sports in Minnesota. We’ve got to go to news and then we’ll be back to talk to the Attorney General Mike Hatch.

Z: This is AM 950 Air America Minnesota. See you after the news.
L: Welcome back to the Big Brain Radio Show with Mike Hatch.

Z: Attorney General …

D: Okay, we’re up to being Attorney General, Mike, in your little story of your destiny. Even though I know you’re so humble you don’t necessarily see it that way. We think you were created from the beginning to be who you are today. So, it’s kind of interesting as you look back and just see how it goes. Everybody wants to identify with that. So, you’re seen as the advocate… and I looked up advocate and that’s somebody who pleads the cause or ________ an idea for other people. You also like to help the underdog and that’s the weaker … two people together one person is less optimal position, such as they don’t have the finances or legal background, etc. And that’s where you kind of step in. And that’s where you’ve made your difference, I think, as Attorney General. I still find it interesting that just … you know when I was in school they talked about Floyd Olson being more radical than FDR and that he had a secondary effect on you because of his willingness to go to bat for another person at an earlier time. So … here you are today, going to bat for the State of Minnesota and for the people of Minnesota. So we were talking earlier about the Patriot Act and I looked up … I didn’t study it per se, but I thought you made the best comment because back a number of years when I took civics, it’s the three parts of the government that make it work … the Judicial, the Legislature, and the Executive Branch. What you so _____ pointed out that the Patriot Act what was missing was, I think, was the judicial branch. Do you want to talk about that?

MH: Well, I mean, the judicial branch is there but you want to watch … any time we have a crisis in America … in any country … you’re going to react to it and you have to react to it sometimes in extraordinary ways. The problem is in that reaction sometimes we overreach. You go back to the Alien and Sedition Act, I think was under Washington … during the Civil War, Lincoln suspended habeas corpus. He actually threw editors in jail _________ post. During World War I, there was tremendous anti-German
legislation … issues that basically focused on Germans in America. During
the ‘50s and the communist scare, you had Joe McCarthy and the House on
American Activities Committee. During World War II we literally threw
people of Japanese-American decedent – who were citizens, were citizens –
but we did put them into camp …

D: A lot of people like myself, who … we’ve all studied the same
history, that’s what history is about … watched this take place and we’re
really concerned about it but we don’t pay attention to the _________.

MH: And that’s the thing. You want to make sure ... we need to fight
terrorism. We need to fight that in this country, but you want to make sure
we’re doing it in an effective way, and in a way that still preserves as much
of our individual liberties as possible. What I’d be concerned about is …
and granted this kind of abuse, or this kind of issue can crop up on the civil
side, with governmental agencies … but I get concerned about the
Government, for instance, looking at _________. There’s a part of the
Patriot Act, or part of the lost past that time, which authorized the Pentagon
to create the total information awareness project, which essentially was a
mammoth computer and they’re buying information from all these data
banks around the country and ________ on us and the idea is that they’ll
know enough information about each of us as citizens to be able to anticipate
which ones will commit a terrorist act.

D: Remember Mike, the big brain is about censoring information coming
in, but the ability to use it … and it appeared to a lot of us that the United
States Government had the information, they just weren’t using it … hadn’t
figured out to handle that information. If they just got more it would seem
to confuse them.

MH: What I get concerned about this is that the amount of information that
is out in our society today in the commercial world is tremendous. I can get
… with a little work and a little money, I can find out … probably find out
your name of your banks; in some cases I can get bank balances; I can get
your stock portfolio; get bank account numbers; social security numbers.
__________ information. I can find out what you bought for
prescriptions. I can find out from a credit card base … I can find out the
telephone numbers you called, who calls you. And if you put all this data
together, which is out there in many of these databases, and you put it in and
you start collating it through a government agency, you’re getting a whole
lot of information that frankly … you haven’t committed any crime, there’s no belief that you committed a crime, yet we’re still going to have this data on you. And you know the fourth amendment … and really the concept of privacy in this country has been, you know the government has to step in and protect us, but you want to make sure before they go after somebody at least they have some reasonable cause to believe that you have committed a crime – or about to commit a crime – to gather all this data, when in fact we haven’t committed anything. They’re gathering it on all of us. That troubles me because, you know, government … I’ve been in government. Don’t kid yourself. There is abuse. And you don’t want … and you’ve seen many examples of abuse through history. All of that information in the hands of anybody in the government can be used in an inappropriate matter.

D: And I do think we do worry about that and that’s …

MH: Well, we need to worry a little more about it because …

D: That’s what we count on you for … we count on your continued representation … whatever path you take. So we really appreciate that. You know, you were talking about a strike earlier. I did not talk to you about this earlier, but the Northwest strike… where do you see that as a comparison to like you talked about the strike in Hormel … workers were obviously abused and didn’t have what they needed.

MH: This one is extremely difficult. You just heard on the news Delta is looking at a bankruptcy. Northwest is probably going to file for a bankruptcy. The problem here … these are … we are losing a middle class in our society and frankly, I think that a large part of our middle class is created because of the great work of the labor movement. We’re in a situation, as it relates to Northwest, where sacrifices are being made by everybody, but particularly the workers and the alternative is, without it, you’ve got an airline that probably is going to file for bankruptcy. Probably even with it may file. It is an extraordinarily difficult situation …

D: Because Northwest is such an important part of our own transportation …

MH: Well it is. And the part that really irks people … and it bothers me … is the fact that some of the executives earlier in the year cashed in a lot of their options. You know, they profited it. Whether they profited or not, it
wouldn’t help the current economic situation of Northwest. It’s still… it probably is the real problem for many people …

D: Multi-dimensional, probably. Huh?

MH: Um hmm.

D: Lots of things go in. You know, I wanted to ask you a question. I was going through your … you know, what’s available … like you said the information is out there … and you had this where you made a ruling about the Native Americans should … audits should be made public. I know they sued you back. But you know, this is the group that is so powerful, it has all the money … is .04% of the total population of the state. Isn’t it kind of unusual that a group could have that much money and that much power to keep their information from being made public?

MH: Well in that case, it was the tribes that were … well they obviously didn’t want it public … but frankly, the Department of Public Safety wasn’t too… they weren’t making it public and it should have been.

D: Why wouldn’t they have wanted it?

MH: Well, I think it goes back to that establishment issue. Too many strings are attached to our government. And we ended up … we told … we filed a brief basically saying it is public. The irony in that case is that the financial statements that were filed were like in 1996 and I think that suit was in about 2002 or something. It was … such old financial statements and they couldn’t argue that it had any trade secret value.

D: Well they …. I saw that they contributed …

MH: The government ought to be open. There’s no doubt about it.

D: Well I see that they contributed over $40 million in lobbying money.

MH: Yep… the Native Americans?

D: Well that particular group that seems to have most of the money.

MH: Okay.
D: And then all of a sudden, the Governor … the present Governor … wanted to do something here in Minnesota with a different drive and all of a sudden that disappeared. I just didn’t know if that type of lobby has that much influence? Because they seemed to have the biggest input in the State of Minnesota for such a small population.

MH: Well when you’re dealing with … I wouldn’t tie that into all Native Americans …

D: That’s my mind…

MH: You know what you can narrow it down to there … you can narrow it down to a casino interest, which is a very small … that’s even a smaller population, within the Native American …

D: That’s actually the group that I’m talking about.

MH: Right… and the casino issue … the first AG meeting I ever went to … National Attorneys General Meeting I went to was 1998… actually December … and a number of them warned me that when you get into casinos … gambling … your state … you’re going to get pushed on this … when you get into it, guaranteed, corruption follows. There’s so much money in it … I don’t care … in Nevada, Louisiana, Mississippi, New Jersey … these states will tell you there’s corruption that just follows it. It gets into the legislature, it gets into the judiciary, it gets into local/municipal government to a degree… and take a look at what happened here. In the last year, you’ve had some talk about expansion of gambling … Las Vegas … some tribes, but not others … and all sorts of different issues cropped up. You had more money, and more lobbying flowing into this Capitol, from all sorts of people. And they’re all in different interests. Some gambling interests didn’t want an expansion, some did. But some did only for themselves. You got into this racino business… Canterbury Downs. We had an issue up in the north side and in the northern suburbs. You had one … they wanted to locate one in downtown Minneapolis. All of these … there’s a lot of money … and I’ll tell you what. You put a lot of money, a lot of lobbying … you put it together … you’re going to get bad things that happen.
D: Have you ever seen the show … or the movie … Bullworth, with … what the heck … Warren Beatty.

MH: No.

D: You should see that because it’s about a senator from California who was disappointed that he had politically sold out so he hired someone to kill him so his family could get some money and when that happens, he has this epiphany and he decides to start telling the truth about how big money pretty much runs everything that happens. It’s quite the show. It’s pretty interesting show. You could watch it as an outsider.

MH: My point on gambling is I don’t like expansion of it, but it’s for different reason than most people, and that is, frankly the corruption that follows with it … it is just … there is just too much money involved in this thing. We’ve had a pretty clean governmental process in Minnesota and we ought to keep it that way. There’s too many people, from too many states have told me it does corrupt the process. It’s inevitable. And I don’t want it here. I don’t want it, period.

D: You know Mike, we could go on … you go on plenty of shows and people ask you lots of political questions. I’m just going to ask you… what’s this about Louis Armstrong? Why did you pick him?

MH: Well, I like jazz and I like New Orleans. Listen, we’re all feeling New Orleans right now, and Louis Armstrong … at least from my perspective, he represents the best part of New Orleans and New Orleans jazz.

D: I thought that was great … I actually bought an album so I could see what kind of music and it had all these songs and it was really wonderful to listen to. Quite a diversity.

MH: Well, The Saints Go Marching In is probably it …

D: Well, we played that.

MH: Yep, and at funerals, I’ll tell you, it’s the best song of them all.
D: Well, we’re going to say good-bye. We have a few minutes left of the show that we’re going to just take for ourselves. We really appreciate you taking the time. I know you’re a very busy man and you have lots of things. And you know we’ll support you in the future whatever direction you take. And I know the people of Minnesota are very lucky to have a man like yourself.

MH: Thank you.

D: And the commitment… I know you’re not a saint, but …

MH: No.

D: I don’t want to paint you up one side, but I think just your being aware of the issues that we talked about, how when someone goes to control something they become part of what they control, which is a problem with government and the other problem is money. And then people actually being on top of things to make sure that they protect their interests about what government makes decisions. I know you’re there, but we can’t always have you there, so we need to take our place too. Thank you very much. We really, really appreciate it.

MH: Well thank you for inviting me.

D: Yes, thanks Mike.

MH: Okay.

D: Bye.

MH: Bye-bye.

Z: That was Attorney General Mike Hatch. So, anything special Dr. D that ties into kind of your big brain idea? He mentioned a few big brain people… Floyd Olson …

D: Even his dad. You know, we really didn’t get time to talk about his dad got … got in a little … lost some money … and he went to some government agencies and these agencies did not respond and that’s when he first noticed that the government… the agencies didn’t really care. He didn’t
expect them to get his dad’s money back. This was Mike. But he expected them to maybe protect other people and they weren’t interested. I think that … that was a little seed that got planted there. A little “big brain seed”. Okay?

Z: That’s right. His little epiphanies. And he mentioned his sister too … with the picket line in Duluth… when there were no … there was no diversity there. But you know what, you have the heart for it. You have a heart for making a difference.

D: And then the willingness to take on a job, like for the DFL… head of the DFL … and not even being ready for it. Because he knew it was his time.

Z: That’s right. So, when we come back, we’re going to be talking about the health style makeover, how you can participate. This is AM 9…

D: And some stuff that works.

Z: And stuff that works. This is AM950 Air America Minnesota.

(music)

(commercials)

(music)

L: Welcome back to the Big Brain Radio Show.

Z: Welcome back everybody.

D: And we just got done talking to Attorney General Mike Hatch. I think he was pretty forthcoming there. And we weren’t really trying to uncover any great political or …

Z: Or personal.

D: Or personal, but we really just wanted to see him as an inspiration for which I think he is. He’s a human being and he has all … the things that all human beings have … but he makes a difference for the State of Minnesota.
And this portion of the show is called “Stuff that Works”. This time I mentioned a couple … one thing to Attorney General Mike Hatch about the show Bullworth. I have two films … one’s a documentary and one is a full-length film … that I say is stuff that works. The first one is called The Fog of War. And this is actually a documentary that was done about Robert McNamara, who was the secretary for …

Z: Of Defense … for seven years.

D: Yes. For John Kennedy.

Z: Under President Kennedy and then Johnson.

D: But anyway, the thing was interesting … you talk about people who serve … is that he was … just been made president of General Motors and he got this call from John Kennedy to serve his country and …

Z: He said, “Sir, I’m not qualified.”

D: But eventually he gave all that up for his family and future and took it on. Then he was part of the decision … the Cuba crisis … and then unfortunately he lost his connection with John Kennedy because he was assassinated. And he tolerated, or at least tried to make work through Lyndon Johnson. It’s very interesting … it’s very good insight. But the most interesting thing was that he said their ability to settle the Cuban crisis was that they understood each other and they understood the Russian Government – how they thought. After the Viet Nam war, back in the ‘90s … he went back and met with the top person from North Viet Nam. The top person from North Viet Nam said that you guys were crazy to think that we wanted to be taken over by China, because we’ve been fighting them for 500 years and the North Vietnamese that we were going to be just like France and try and take them over, so both countries did not understand each other. If they would have taken the time … which I think is important today … to understand the cultures you’re dealing with … they would have been able to negotiate a settlement way back in the ‘70s. So …

Z: But all that’s in hindsight. But he has 11 lessons that he found from that whole situation of war. He said October 16-28, 1962 we looked down the gun barrel of nuclear war everyday. People had no idea really how close we were to nuclear war every day.
D: Yes. And you know hindsight is to give us foresight. So I think sometimes we forget _______ like we were talking to Attorney General Mike Hatch about that. And then the other movie is called Bullworth, which I think is just a great movie by Warren Beatty. If you want to see an exposure of politics and about money that runs politics as well as being just really humorous show, culture hip hop and politics and what it takes to … what might be going through their brain. It is a great, great show. I know several people said they keep it in their permanent library because they enjoy it so much. So those are my two things … stuff that works.

Z: Stuff that works. Good. Well, after I watch the Andre Agassi/Federer final tomorrow … which I’m hoping for … after I watch the Vikings beat Tampa Bay, and then after I watch the Federer/Agassi match, I may go rent those …

D: You’d never guess Dr. Z is a sports nut. I’ve got the sports background and she’s the sports nut!

Z: That’s right. But back to the health style makeover. This is a health style show. We want to give you details. Thank you for all the listeners who have emailed in their request to be a participant in the health style makeover. We want to flush this out a little bit … so anybody else out there that’s interested in an 8-10 week health style makeover that will include an eating program, a supplement program, a healing program, has a brain component, a neurological component, a chiropractic component … thousands of dollars in care and products and services in this health style makeover, but it does require a commitment. So we want to make sure you are willing to do some of these things. What, Dr. D? What would they need to be willing to do?

D: Well you have to be willing to be manageable, which means you need to do and follow through what we ask and then …

Z: Coachable, right?

D: Coachable. That’s a good word … in the sense that my dad was a coach.

Z: That’s right. And there’s a time commitment.
D: Very much of a time commitment. It isn’t the fact that it’s going to take a lot of your time. It has to be consistent over a period of time. 3-4 times a week maybe getting some treatment, or some changes in your treatment.

Z: Not quite that much. Maybe two times a week, don’t you think?

D: Well, we’ve got to see what their history …

Z: I mean they’re not going to be coming in every day, are they?

D: No, not every day.

Z: But a couple times a week anyway.

D: Could be at first … what … we have not examined this person so we have to find out what’s going on.

Z: So on an individual basis what’s needed for you. Because we are really personalizing this. Depending on the people we choose from your email, we will obviously make a tailored program, just for you, using the four square eating we’ve been talking about. You may have been hearing the commercial about the Schwarzbein Program that I have starting on September 21st. All that will be incorporated into the health style makeover. And obviously, it’s from a big brain point of view.

D: Yeah. One thing I want to make clear … is the type of treatments we do … supplemental, alternative chiropractic, neurological, all have to do with affecting how your brain functions. It’s not to touch with your intelligence, it’s your brain’s _______ to manage this optimal subsystems of your body … your autonomic nervous system, your circulation, your heart, and all your organs and the hormones that connect, that Dr. Z works with. It’s such a unique system that we’ve created results that are outstanding … beyond outstanding. So, we’re kind of putting ourselves on the line to do that. Kind of copying the reality shows, I guess…

Z: Yes, this is a radio …

D: So we’re really, really excited about it.
Z: Radio reality show.

D: Yes.

Z: People say well what is the connection, I don’t get it, between chiropractic and my body and my brain and my hormones? Well, one of the most underlying processes we’re going to be looking at with you in the health style makeover is what is the level of inflammation in your body. Because if you’re eating foods that hurt your gut, that cause you have something like a leaky gut situation, where you have things leaking into your body, now you have an alarm system fired and now you have inflammation in your body. That talks to your brain... now your brain goes into inflammation. And inflammation, we’ve now found in the research, is the number one cause underlying most degenerative diseases of aging.

D: Right. And injury to the neck and head, which most people have had one blow to the head or more … and injuries to the neck… that’s what actually controls the nervous system and the circulation and attenuates our blood pressure. It attenuates most of the things that are negative in our body, so that allows this information process that starts to continue. So by connecting the two we really can put out the fire … what’s inflammation? That’s the swelling you feel, the pains in the joints that you have … the things that come and go. You’re ability not to think as clearly. You forget things.

Z: Moody.

D: Moody. But the swelling and the puffiness is really __________.

Z: Bloating, yeah.

D: And the joint pain.

Z: And the other component that people, I think, experience but they don’t realize it’s actually a physiological phenomenon is after age 35, genetically our programming starts to degenerate really. We are only programmed to live so many years… the cell turnover in all of our body and our organs is only programmed for so many cell turnovers and if you’re not supplementing and doing healthy things after age 35, that programming just
takes over. You have to do certain things to maintain your health after that age.

D: You do degenerate, but remember… our definition is to regenerate. So we actually turn that whole thing around.

Z: Right, right.

D: So please apply.

Z: Yes, please apply. And if you want to find us for the health style makeover, look for the Big Brain Radio Show at www.bigbrainradioshow.com or you can email us at info@bigbrainradioshow.com.

D: Yes, and make sure everybody knows that we’re going to be at 11:00 from now on… we’ve moved to the prime spot …

Z: 11:00 Saturday mornings. We want to thank our guest Mike Hatch, and thank you in production, Marty, have a great week.

D: And all the great people at the radio station.

Z: This is AM950 Air America Minnesota.

(music)